

## **COACH SMEDLEY'S** Affirming Messages



## **DREAM**

Dreams live in your mind. Stay positive while your vision takes shape. Hope, imagination, thoughts and feelings will lead you to action. Your dreams are the blueprint for your vision



## **LEARN**

Be a lifelong learner! Always be willing to explore new subjects, grow your creativity, and expand your skills.



## WIN

Winning starts with believing that you can win. Prepare yourself, push yourself, and forget the past. Winning takes work.

